

baubles & bangles

by stephanie peterson



Fusible applique, sketchy stitching and shisha mirrors with clever little embroidery floss webs? Oh, baby! Talk about stacking the creativity deck! We loved Stephanie's wee bit o' stitchy magic and know you will, too. She uses *Madhuri* by The Quilted Fish for Riley Blake, but this is also a great scrap-stash buster, too. And we can also see this in fun holiday fabrics for a new twist on seasonal sparkle.

designed and made
by stephanie
peterson

www.peasinapod.typepad.com

skill level:
intermediate

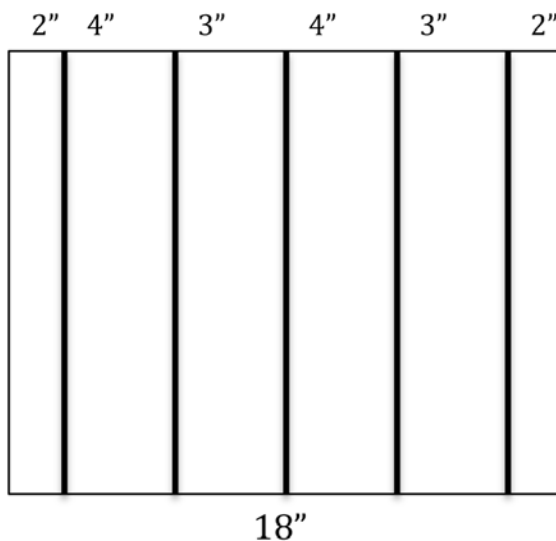
finished size:
18" x 18"

overall materials:

- Quilt top and backing: 2/3 yard white
- Binding: 1 fat quarter
- Circles: Small scraps of coordinating fabrics
- Small scraps of coordinating fabrics, if you'd like to accent-piece the quilt back
- Hanging corners: (2) 4" squares of fabric
- Coordinating thread
- 1" shisha mirrors: (15) [Stephanie found these at www.etsy.com/shop/sarahhomfray]
- Embroidery floss to coordinate with your fabrics Note: *Check first for colorfastness
- Embroidery needles
- Fusible web
- Circle template from office supply (circle sizes ranging from 1/2" to 2 1/4")
- Pilot Frixion™ pen (or any pen that will not be made permanent with heat.)
- Fusible fleece
- Batting

cutting and preparation instructions:

- Cut white fabric into (2) 22" X 22" squares; reserve one for the backing.
- Prepare white fabric by drawing an 18" square, then using Frixion pen, draw (5) parallel lines on the square. Begin 2" from the left side and right side, add additional lines at either 3" or 4" apart; see diagram below.



fusing instructions:

- On the 18" background square, draw several circles centered on the drawn lines. The sizes should range from 1/2" to 2 1/4". Refer to the photo for ideas. Leave room to add the mirrors; Stephanie used (3) per line.
- Now repeat the same size and number of circles on the paper side of your fusible webbing. Roughly cut out the circles from the webbing. They will be more precisely cut when you have fused them onto your fabric.
- Decide which fabric scraps will be used for which circles and fuse circles onto the wrong side of your fabric per the manufacturer's recommendations.
- Cut out the circles on the drawn lines and fuse to the correct spots on your quilt top. The Frixion™ pen marks on your fabric will disappear when ironed.
- Following the manufacturer's instructions, fuse the fusible fleece to the wrong side of your quilt top. Once fabric has cooled, redraw your vertical lines on the quilt top with the Frixion™ pen to mark your quilting lines. Then, stitch on the drawn line and around each circle going around the circle at least 1 1/2 times and ending at the bottom of the circle so that you can continue on to the next circle.

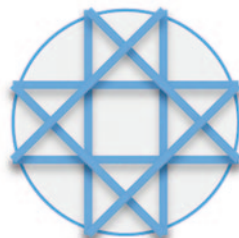
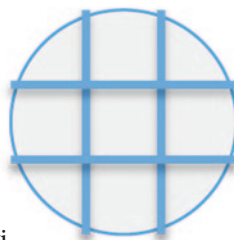


embroidery instructions:

- Adhering the shisha mirrors: Place a mirror in a desired circle. Using all 6 strands of knotted embroidery floss— make giant stitches (2) vertical and (2) horizontal across the mirror. Then, repeat the process at a 45° angle from the first stitching. (See diagrams.) You should

begin and end at the back or wrong side of your top.

- Next, bring the needle up next to the mirror; tie a knot in the previous threads by passing the needle first through the center of the threads and then under and back to the outside edge of the mirror. Go down through all layers and then come back up again just a bit to the left of the previous stitch and repeat the process. Continue all of the way around the mirror. This creates a crocheted edge on the mirror which is decorative and will hold the mirror firmly in place. (See photo below.) Tie floss off by knotting at the back.
- Repeat for all (15) mirrors.



finishing instructions:

- Using the Frixion™ pen again, draw additional vertical lines on your top for quilting.
- Cut or create backing to fit top. (Stephanie used strip-pieced accents supplemented by plain fabric.)
- Layer the back and top with the fusible batting; baste and quilt on the drawn lines. After your top is quilted, iron to remove all of

the lines.

- Trim to 18" X 18". If you wish to hang your quilt, fold the (2) 4" squares into (2) triangles, RST. Baste to the top (2) corners of the quilt on the quilt back making sure that the raw edges of the quilt are even with the raw edges of the triangles. (See photo below.) The ends of a dowel can easily be inserted into the triangles so the quilt can be hung.
- Make a continuous binding and bind the quilt.



tip: Sometimes brightly colored embroidery flosses (such as red!) will bleed a little if a quilting project is washed. If you're not sure, make a few running stitches on a white fabric scrap and submerge the test scrap in water. Improve colorfastness by soaking floss in Synthrapol, Retayne or a vinegar-and-water solution, and letting dry thoroughly before using. See our September-October 2013 issue for more information on embroidery floss and colorfastness.



Stephanie Peterson is hopelessly addicted to fabric, quilting, and the friendships that have formed as a result of her addiction. Stephanie is a member of The Quilted Fish Design Team. She lives in Michigan with her husband, daughter, dog, and cat. When she's not sewing, Stephanie can be found teaching graduate and undergraduate classes in behavior analysis, autism, and developmental disabilities at her local university, where she is a professor of psychology. She blogs at www.peasinapod.typepad.com.